



PROFESSIONAL

Learner Workbook

**Electro-Sonic Ionzyme®
DF Technology**

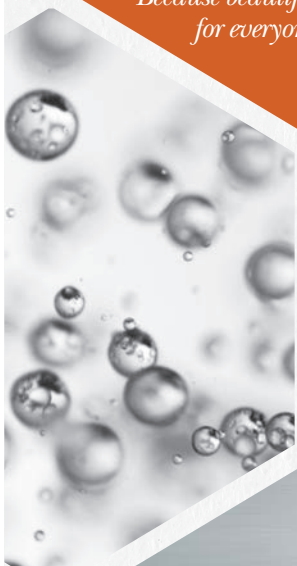


ENVIRON®

a beautiful skin for a lifetime

*The benchmark of
beautiful skin*

*Environ Professional is skincare
Performance Intelligence at its
best. In the hands of an Environ
skincare professional, real lasting
beauty goes deeper; with our
revolutionary skincare technology
combined with highly effective
powerhouse formulations.
Because beautiful skin should be
for everyone – for life.*



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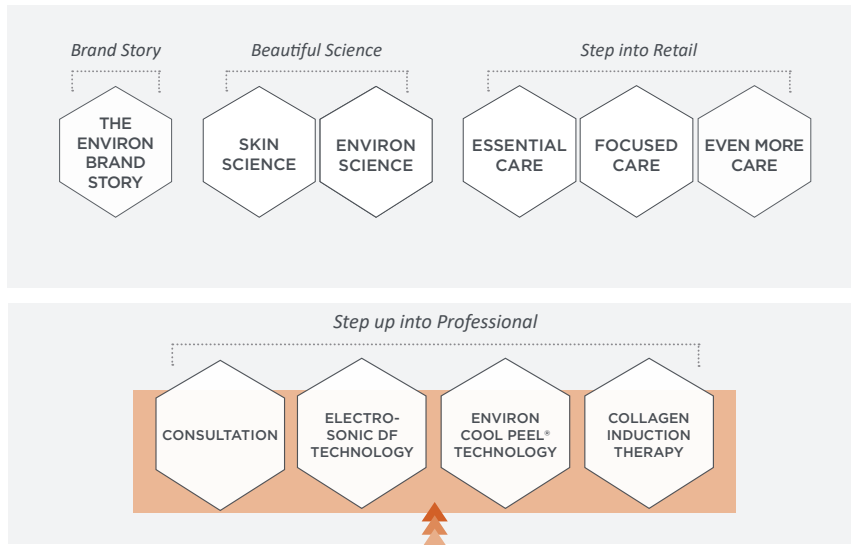
table of **CONTENTS**

ELECTRO-SONIC DF TECHNOLOGY

TOPIC 1: INTRODUCTION TO THE ELECTRO-SONIC IONZYME® DF MACHINE	5
TOPIC 2: DUAL ELECTRO-SONIC TECHNOLOGY UNPACKED	8
TOPIC 3: DF MACHINE TREATMENT EXPERIENCES	22
PRACTICAL SESSION NOTES	62





INTRODUCTION

Welcome to the Environ Education Journey.



LEARNING OUTCOMES

By the end of this session, you should be able to:

-  **Explain** the features of Electro-Sonic Ionzyme® DF Technology
-  **Explain** the benefits of the Electro-Sonic Ionzyme® DF Facial treatment experience
-  **Recommend** and execute the appropriate treatment protocol based on the client's need
-  **Recommend** the appropriate Retail Range to support the Professional treatment plan

ENVIRON PROFESSIONAL

Environ Professional is built on Beauty, Science and Care. To deliver results, you need to understand the skin. The greatest challenge is allowing active ingredients to get to where they are needed most. The solution is Environ's beautiful science.

In the hands of an Environ Skin Care Professional, real lasting beauty goes deeper. When our revolutionary skin care technologies are used in combination with effective powerhouse formulations, real, lasting beauty is achievable. Because beautiful skin should be for everyone - for life.

MANIFESTO

we **GIVE MORE**

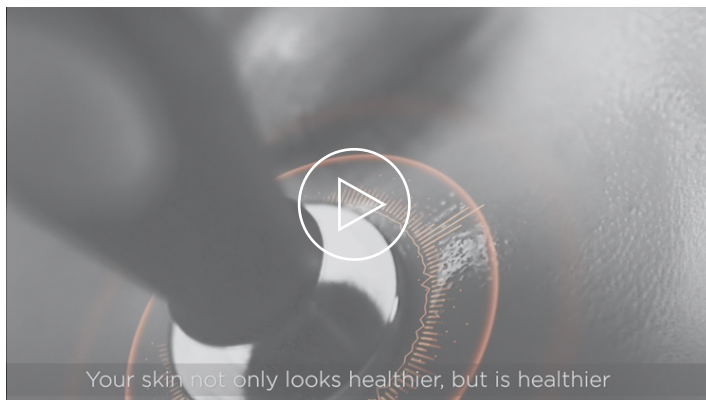
We believe that Skin Therapy is a Science
A Beautiful Science
And that real, lasting beauty goes deeper
We believe that as professionals
There are no quick fixes
And that we too should go deeper
With a deeper understanding of the power of vitamin A
To revive, restore and rehabilitate
A deeper conviction to use the power of Performance Intelligence
To work with skin
To deliver more of what skin needs to where skin needs it most
Because we're not just skin care professionals - we're carers
We make a real difference to skin
And to our clients' lives
A lasting difference
We make sure
Skin not only looks healthier, but is healthier
Skin not only looks beautiful, but is beautiful - for life
Because beautiful-looking skin should be for everyone - for life

PROFESSIONAL

3

ELECTRO-SONIC IONZYME DF MACHINE

To gain an understanding of how consumers view Environ Professional, watch the Benchmark of Beautiful Skin film that highlights how your client will experience the Professional treatment experience.



Benchmark of Beautiful Skin

 EnvironSkinCare

1. *Why do you think that it is important for you as a skincare professional to understand how your clients view Environ's Professional treatments?*
2. *How do you want your clients to feel about these treatments?*

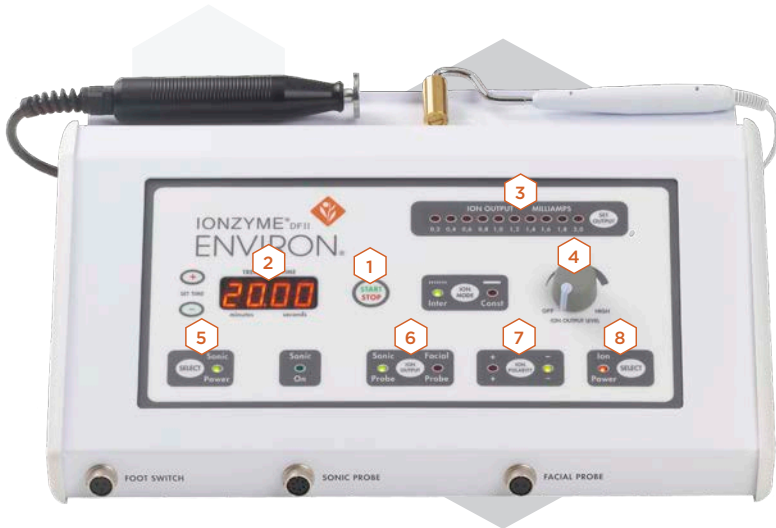


Topic 1

ELECTRO-SONIC DF TECHNOLOGY

INTRODUCTION TO THE ELECTRO-SONIC IONZYME® DF MACHINE

The **Electro-Sonic Ionzyme DF Machine** uses industry-leading, innovative electro-sonic technology that helps **stimulate** the skin, allowing **powerhouse formulations** to be **more effective**, delivering significantly more essential nutrients to the skin, where they are needed most; **making a real lasting difference to skin, for life.**

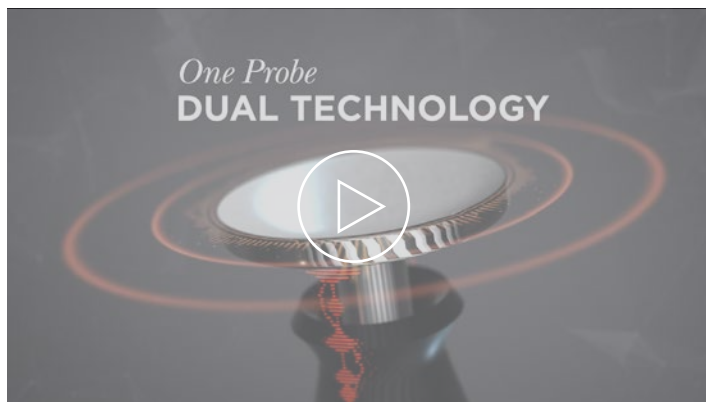


Key to the front panel:

- 1 On/Off Switch
- 2 Timer
- 3 Millimeter
- 4 Intensity dial

- 5 Sonophoresis
- 6 Output selector
- 7 Polarity selector
- 8 Iontophoresis

Watch the DF Technology Features and Benefits video to gain an understanding of what gives Environ's Professional treatments a competitive advantage.



DF Technology "Features and Benefits" Video

- 1. What are the two industry-leading technologies used in the DF Machine to deliver the best results?*
- 2. What do you think of the benefits that the DF Machine offers your clients?*

Pioneered by Dr Des Fernandes, Environ's DF Machine offers a facial like no other taking professional skincare to the next level. Its ergonomic design allows for ease of use, offering 30 to 90 minute treatment options. The DF Machine is CE Certified indicating conformity with health and safety as well as environmental protection standards. This ensures the treatments offered are not only highly effective but ultimately safe to use. For the best results, Professional treatments can be supported by the power of an Environ vitamin A home care routine.

Complete Activity 1: DF MACHINE USP in groups of two.

ACTIVITY 1: DF MACHINE USP	
1	Low frequency sonophoresis is a _____ treatment that creates _____ in the skin which allow for the penetration of active molecules.
2	Pulsed field iontophoresis uses an _____ current to _____ the active molecule ingredients used in Environ's powerhouse formulations.
3	Environ's pioneering dual technology of low frequency sonophoresis and pulsed iontophoresis _____ and _____ treatment results.
4	By optimising the benefits of Environ's powerhouse formulations through a course of ____ to ____ treatments, the skin's overall health and wellness can be improved through performance intelligence.
5	The versatility of the DF Machine allows for treatments to be customised for different _____, _____ types and skin _____ .

Topic 2

ELECTRO-SONIC DF TECHNOLOGY

DUAL ELECTRO-SONIC TECHNOLOGY UNPACKED

DF MACHINE ENHANCED ACTION

With an advanced understanding and knowledge of our brand and products, you will be able to offer your clients the opportunity to keep their skin beautiful for life.

The Environ facial protocols have been carefully planned to make a real difference to skin and deliver the best results.

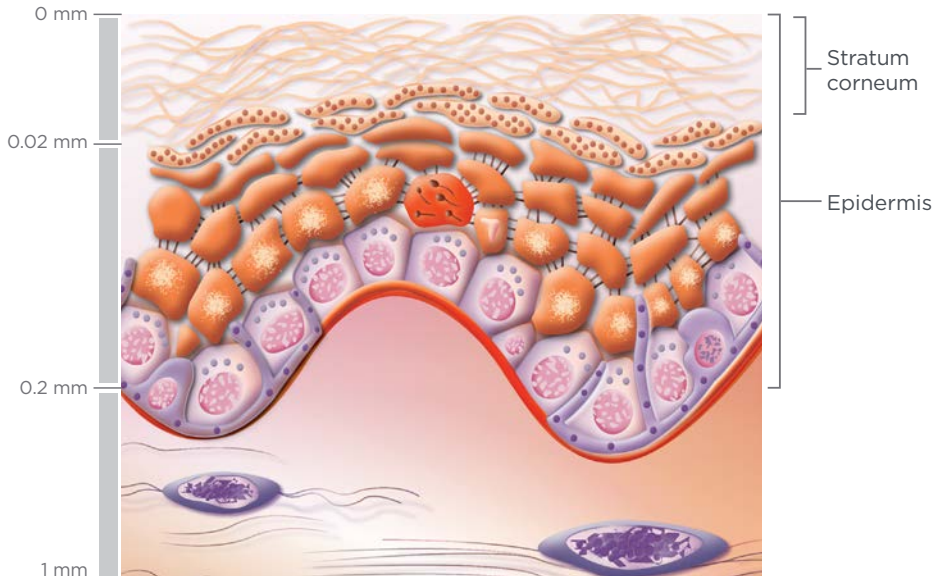
These results are achieved through performance intelligence, which is the combined use of Environ's powerhouse formulations, and the DF Machine.

The DF Machine's scientifically proven dual technology uses low frequency sonophoresis to help stimulate the skin and create tiny cavitations. While pulsed iontophoresis delivers more essential nutrients to where skin needs them most by ionising active molecules and diffusing them into the skin.



Using the legend in the image below as a guide, observe the structure of the skin, by looking at its different layers.

SKIN LAYERS



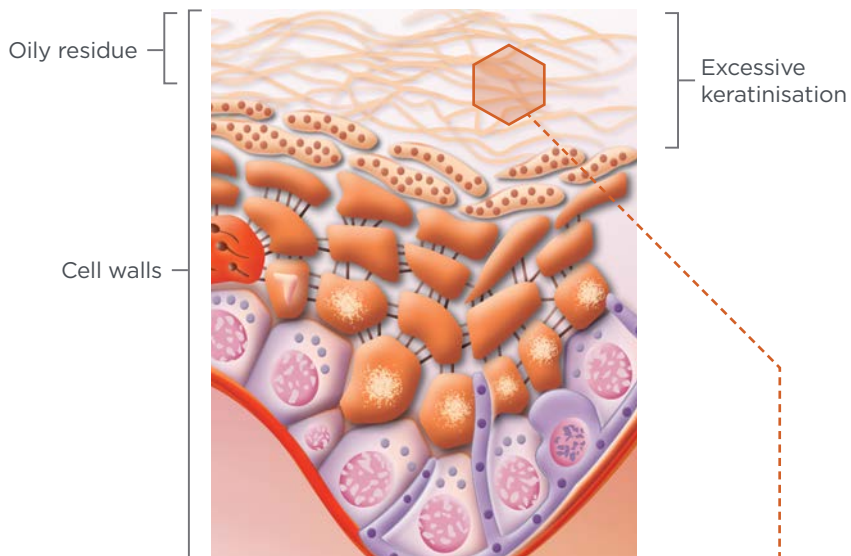
The epidermis is **0.1 to 0.2 mm** thick, but it is not the real protection of the skin. The real protection comes from an even thinner layer – the stratum corneum. The stratum corneum is only **0.01 mm to 0.02 mm** in thickness and is composed of corneocytes and a lipid matrix. The intercellular space is an ordered, bi-layer structure of water and oil, along with fatty acids and cholesterol.

The skin is an extremely effective barrier. The stratum corneum represents an impenetrable barrier, **preventing most molecules from entering and leaving the human body** e.g. bacteria, UV radiation, chemicals, physical abrasions and dehydration.

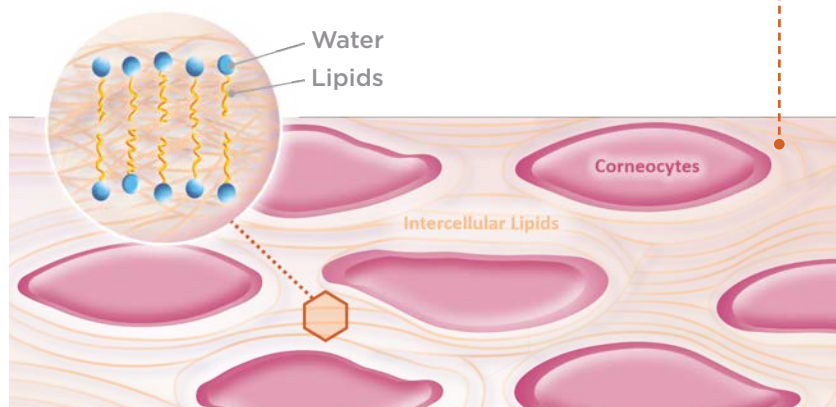
WHAT PREVENTS PRODUCT PENETRATION?

- Oily residue on the skin
- Excessive keratinisation
- Cell walls

EPIDERMIS



LIPID BI-LAYER





DID YOU KNOW...





According to COLIPA (The European Cosmetic, Toiletry and Perfumery Association), less than 6% of skin treatment products penetrate the skin's natural protective barriers against foreign bodies reducing the effectiveness of treatment.

THE NEED FOR ENHANCED PENETRATION OF THE SKIN:

Environ believes that beautiful skin should be for everyone – for life. We know that the overall health and well-being of the skin can be improved through topical application of ingredients such as vitamin A. However, simple topical application is not sufficient to get the best results possible. We believe that real lasting beauty goes deeper with our revolutionary skincare technology.




WHAT PROMOTES PRODUCT PENETRATION?

The tables below indicate the product penetration potential for each of the methods used to enhance product penetration.

TOPICAL APPLICATION	OCCCLUSION	ULTRASOUND	GALVANIC
 <i>0.1 to 6%</i> product penetration	 <i>20 minutes</i> of occlusion is equivalent to the product penetration of ultrasound	 <i>1 to 2 times better</i> product penetration Frequency: 1–3 MHz Time: 20 minutes	 <i>2.5 to 3 times better</i> product penetration only where the active pole is in contact with the skin Time: 20 minutes

Pulsed iontophoresis, sonophoresis and cosmetic needling are scientifically proven to be the most effective methods used to enhance product penetration.

It is also important to understand that cosmetic needling only assists penetration through the stratum corneum. Whereas iontophoresis and sonophoresis does this and targets cell membranes.

PULSED FIELD IONTOPHORESIS	LOW FREQUENCY SONOPHORESIS	MICRO-NEEDLING TECHNOLOGY
 <p><i>4 times better</i> product penetration* Time: 20 minutes</p>	 <p><i>40 times better</i> product penetration when combined with pulsed iontophoresis* Frequency: 22 kHz Time: 15 seconds</p>	 <p><i>For maximum</i> product penetration* (Dependent on effective rolling)</p>
<p>*Laboratory test results have shown.</p> <p>References:</p> <p>Mitragotri, S. and J. Kost, Low-frequency sonophoresis: a review. <i>Adv Drug Deliv Rev</i>, 2004. 56(5): p. 589–601.</p> <p>Mitragotri, S. and J. Kost, Low-frequency sonophoresis: a noninvasive method of drug delivery and diagnostics. <i>Biotechnol Prog</i>, 2000. 16(3): p. 488-492.</p> <p>159. Mitragotri, S., et al., Synergistic effect of low-frequency ultrasound and sodium lauryl sulfate on transdermal transport. <i>J Pharm Sci</i>, 2000. 89(7): p. 892–900.</p> <p>Mitragotri, S., et al., Determination of threshold energy dose for ultrasound-induced transdermal drug transport. <i>J Control Release</i>, 2000. 63(1-2): p. 41-52.</p> <p>160. Mitragotri, S., D. Blankschtein, and R. Langer, Transdermal drug delivery using low-frequency sonophoresis. <i>Pharm Res</i>, 1996. 13(3): p. 411-420.</p>		

ENVIRON'S PENETRATION METHODS:

One of the key concerns of Environ is to ensure that treatment on the skin is delivered safely and effectively. By making use of the combination of sonophoresis and iontophoresis, we allow for up to 40 times better absorption through the skin's natural protective barriers, thereby increasing the effectiveness of treatment.

LOW FREQUENCY SONOPHORESIS



PULSED FIELD IONTOPHORESIS



MICRO-NEEDLING TECHNOLOGY



DUAL ELECTRO-SONIC TECHNOLOGY



1. *What do you think of the product penetration potential through low frequency sonophoresis, pulsed iontophoresis and Micro-Needling Technology?*
2. *How will you explain the penetration potential of these methods to your clients?*

Place the Environ method listed below under the correct image on page 13.

- Cavitation
- Improved cavitation
- Ionisation of molecules
- Microchannels

LOW FREQUENCY SONOPHORESIS

SONOPHORESIS PRINCIPLES:

- Low frequency sonophoresis sound waves create microscopic **vibrating pockets** in the lipid bi-layers of the epidermis.
- These pockets then form **cavitation** which allows molecules to penetrate the upper layers of the skin more effectively.



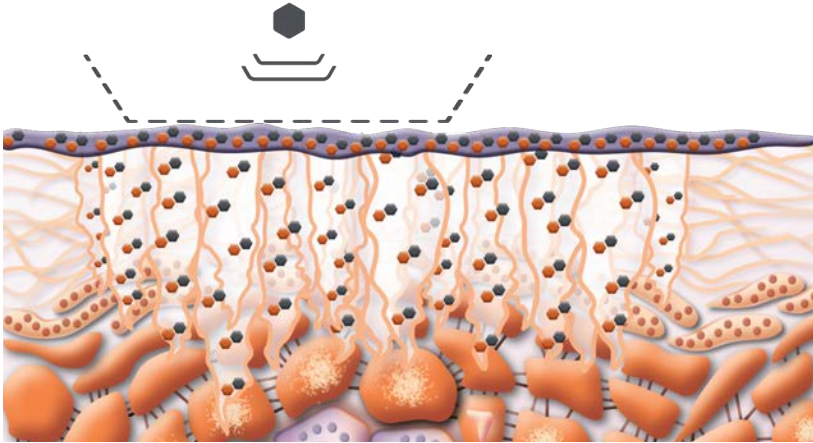
DID YOU KNOW...

Low frequency sonophoresis (**22 kHz**) creates more cavitation than high-frequency ultrasound (**1.1 MHz**).



Sonophoresis

HOW LOW FREQUENCY SONOPHORESIS WORKS:



- The stratum corneum is the main protective barrier of the skin and prevents penetration of molecules largely due to the ordered lipid bi-layers found in this layer.
- Low frequency sonophoresis sound waves create microscopic **vibrating pockets** in the lipid bi-layers of the skin.
- These vibrating pockets form cavitation through which molecules can then flow, thus enhancing the penetration of product.

LOW FREQUENCY SONOPHORESIS FACTS:

1. Sound waves are used to create cavitation of skin cell membranes.
2. This enhances the penetration of even larger molecules.
3. Serums do not need to be ionisable or water-soluble.
4. The skin remains permeable for up to a few hours after the treatment. It is recommended to leave any remaining serum on the skin because established cavitation will be effective for a prolonged period.

LOW FREQUENCY SONOPHORESIS CONTRAINDICATIONS:

There are no real contraindications to sonophoresis. However, clients who need to take caution or need a doctor's permission are those who have:

- Ear damage
- Ear infections
- Hearing implants
- Tinnitus

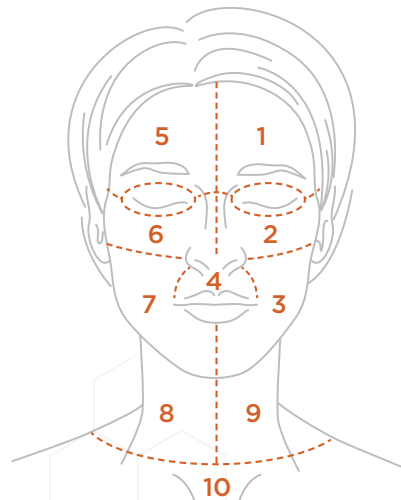


It is important to continuously monitor their level of comfort.

Is there a specific client of yours that you would not recommend sonophoresis to? If so, why?

LOW FREQUENCY SONOPHORESIS APPLICATION METHODS:

- It is necessary to systematically treat the face section by section to ensure thorough treatment.
- Holding the probe head in a stationary position for 15 seconds allows for better cavitation, before moving to the next position always slightly overlapping the previous position.
- A total time of three to four minutes is required, per section.
- When treating the eye area, the top half of the eyelid can be treated and below the eye up to the bottom of the lashes can be treated.
- Fine lines in the lip area may also be treated.



PULSED IONTOPHORESIS

IONTOPHORESIS PRINCIPLES:

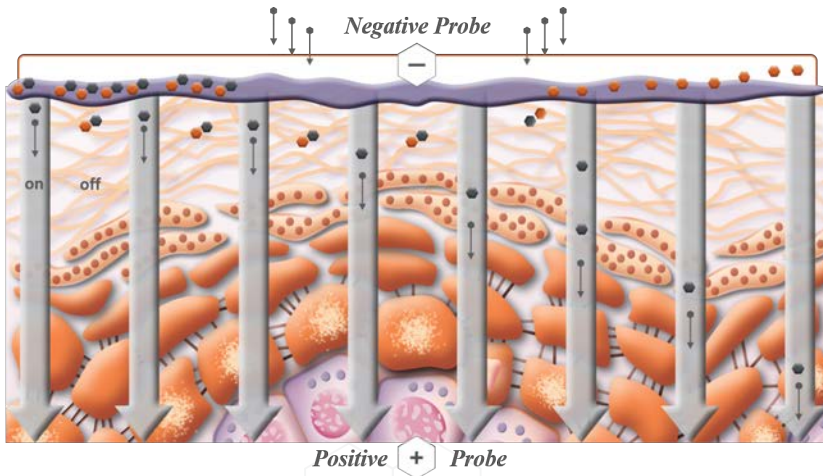
Iontophoresis is a non-invasive method of propelling high concentrations of a charged substance by using a small electrical charge.

The technique is not new and has been used clinically for several decades.



Iontophoresis

HOW PULSED IONTOPHORESIS WORKS:



- The skin is covered with a water-based gel that contains ionisable and non-ionisable molecules.
- When the power is switched on, the molecules are ionised (dissociation of ions takes place).
- A negative charge is used to drive the negative ions away from the negative pole whereas the positive ions are attracted to the negative pole.
- When the electrical pulse stops, the ions associate before they will be re-ionised by the next electrical pulse.

PULSED IONTOPHORESIS FACTS:

1. Iontophoresis is only effective when combined with a water-based product.
2. The molecules must be ionisable (water-soluble).
3. The correct polarity must be selected as per the manufacturer's instructions.
4. The size of the molecule is important, e.g. collagen is too large.
5. Haize Gauze® or Alginate Masque may be used as conductive mediums for field iontophoresis.
6. The pH of the treatment gel is important – each ion has its own pH at which it is best ionised.
7. The ideal treatment period is 20 minutes.
8. The iontophoresis section of the machine provides a pulsed current up to a maximum of 2.0 mA. The skincare professional controls the intensity of the iontophoresis based on the client's level of comfort.

*Products
are covered in
Topic 3*



DID YOU KNOW...

Field iontophoresis means that the electrical current **covers a larger area** instead of a smaller area. Electrical current only flows where it makes contact with the skin. For example, rollers that make contact with smaller areas of the skin offer a less intensive treatment when compared to using a mask for field iontophoresis which covers the entire face.



PULSED IONTOPHORESIS CONTRAINDICATIONS:

- Active Herpes simplex (cold sores)
- Open cuts and abrasions
- Sinusitis can cause pain in the sinus area
- Pregnancy and lactation
- Epilepsy
- Excessive metallic fillings
- Excessive sunburn in the treatment area
- Loss of sensation in the treatment area
- Pacemaker
- Angina and arrhythmias
- Botulinum Toxin (e.g. BOTOX®) within the preceding 5 to 7 days
- Dermal fillers within the preceding 5 to 7 days
- Cancer or Radiation in the treatment area

Is there a specific client of yours that you would not recommend iontophoresis to? If so, why?

DUAL ELECTRO-SONIC TECHNOLOGY

Environ's pioneering Dual Electro-Sonic Technology sets the benchmark for professional skincare treatments. Low frequency sonophoresis together with pulsed iontophoresis used in combination with Environ's professional skincare products help deliver more of what skin needs where it needs it most.

COMBINED SONOPHORESIS AND IONTOPHORESIS

PRINCIPLES:

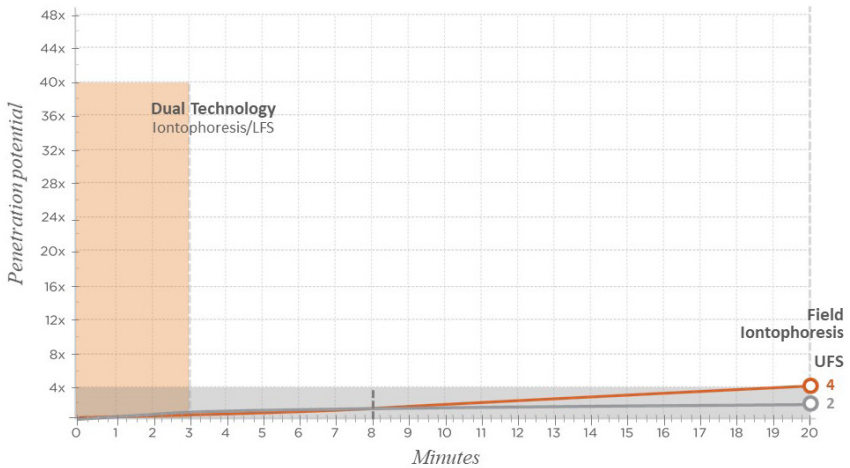
- It offers faster and better cavitation which results in increased product penetration.
- It offers enhanced penetration of non-ionisable molecules.



HOW THE COMBINATION OF LOW FREQUENCY SONOPHORESIS AND PULSED IONTOPHORESIS WORKS:

- By adding iontophoresis to sonophoresis, the sonophoresis becomes more effective and the movement of the ions creates a flow.
- This allows the molecules in the treatment serum to “drop” through the cavities in the skin.
- It is important to remember that the current for iontophoresis has been concentrated into a small area, and you will not be able to turn the current up to its highest level. The recommended intensity level is **0.2 mA** around the eye area and up to **0.4 mA** in other areas.
- Monitor the comfort level of the client at all times.

**PENETRATION FLOW OF MOLECULES OVER TIME
USING LOW FREQUENCY SONOPHORESIS COMBINED
WITH PULSED IONTOPHORESIS COMPARED TO PULSED
IONTOPHORESIS ONLY:**



- Laboratory test results show that pulsed field iontophoresis provides 4 times better product penetration over a period of 20 minutes. Note that iontophoresis needs to be continued for a minimum of 8 minutes, up to maximum 20 minutes as ions only start flowing effectively after 8 minutes.
- Laboratory test results show that ultrasound (high-frequency sound) provides 1 to 2 times better product penetration at a frequency of 1–3 MHz over a period of 20 minutes.
- 40 times better product penetration is achieved when low frequency sonophoresis (22 kHz) is combined with pulsed iontophoresis in 15 seconds.
- Environ recommends that the sonophoresis probe is held in one position for 15 seconds.
- From the graph it becomes clear that when the dual technology of sonophoresis and iontophoresis is combined, it provides better and faster results. Treatment for 15 seconds provides excellent penetration when compared to other modalities that are applied for 20 minutes.

Topic 3

ELECTRO-SONIC DF TECHNOLOGY

DF MACHINE TREATMENT EXPERIENCES

ENVIRON PROFESSIONAL FLIPCHART



The Environ Professional Flipchart is a tool that can be used to help you quickly identify the Professional treatment options for your client's skin condition.

It will provide you with the following information:

- Range overview
- Benchmark treatment overview
- Powerhouse Formulations
- 4 easy steps for Environ treatments
- At home support for Professional treatments

PROFESSIONAL TREATMENT PHASES

The Environ professional facial protocols have been carefully planned to make a real difference to skin and deliver the best results.

The general principle is that you must first prepare the skin so that it will accept the special ingredients you want to deliver into the skin.

Environ does not support any deviation of the steps outlined in our treatment protocols as developed by Dr Des Fernandes.







PHASE 1: *Consultation*

Understanding the needs of your client's skin is the first step to creating beautiful skin.

During the first consultation, it is essential to establish the recommended treatment plan for your client according to their skin type and skin condition.



You should always inform your clients as to what to expect from the treatment. This includes informing them about their Professional treatment and providing them with a home care treatment plan.





Use the Environ Consultation Card to accurately record the treatments you have recommended to your client.

For Environ to assist in the case of a reaction, it is crucial to ensure that the client card is always kept up to date.

- 1. What tool can you use to help you identify your client's needs before recommending a treatment plan?*
- 2. Why is it crucial for you to ensure that the Consultation Card is always kept up to date?*

ENVIRON CONSULTATION STEPS:

STEP	PURPOSE	TOOLS
<i>1. Consultation</i> 	<ul style="list-style-type: none">• Gather information• Determine client needs	<ul style="list-style-type: none">• Environ Consultation Card – Client section• Environ YouTube channel  EnvironSkinCare

STEP	PURPOSE	TOOLS
<p><i>2. Skin preparation</i></p> 	<ul style="list-style-type: none"> • Cleanse face for accurate skin analysis • Client to experience product • Allow skincare professional to explain product application 	<ul style="list-style-type: none"> • Environ Professional Range: Preparation products
<p><i>3. Skin analysis</i></p> 	<ul style="list-style-type: none"> • Identify skin type and condition • Allow skincare professional to explain skin type and condition 	<ul style="list-style-type: none"> • Environ Consultation Card — Analysis section • Diagnostic equipment — skincare professional's own • Take photographs
<p><i>4. Moisturise and SPF</i></p> 	<ul style="list-style-type: none"> • Client to experience product • Skin protection • Allow skincare professional to explain product application 	<ul style="list-style-type: none"> • Environ Professional Range: Moisturiser • Appropriate Environ sunscreen
<p><i>5. Treatment plan discussion</i></p> 	<ul style="list-style-type: none"> • Professional treatments and at home routine • Make recommendations to address skin type and condition (Essential Care, Focused Care and Even More Care) 	<ul style="list-style-type: none"> • Environ Retail Price List (including product recommendation) • Product brochures for client to read at home
<p><i>6. Client's buy-in</i></p> 	<ul style="list-style-type: none"> • Ensure client's commitment and understanding • Allow for questions 	<ul style="list-style-type: none"> • Retail product purchase and sampling • Schedule follow-up appointments
<p><i>7. Follow-up</i></p> 	<ul style="list-style-type: none"> • Show sincerity to gain trust 	<ul style="list-style-type: none"> • Follow-up: Speak to your client



PHASE 2: *Preparation*

Watch the first part of the DF Machine Facial How-To video to gain a better understanding of the steps in the Preparation phase.



DF Machine Facial “How-To” Video

1. *Why is it necessary to prepare the skin?*
2. *What would you include in the Preparation phase for advanced clients?*

The Preparation phase always includes treating the full face, neck and décolleté.



Skin preparation steps:

Use the steamer for steps 1–6.

1. Massage **Pre-Cleansing Oil** into the skin.
2. Massage **Micro-Exfoliator** over pre-cleanser for five minutes and remove with a compress.
3. Apply **Eye Make-Up Remover** onto cotton wool and remove eye make-up.
4. Cleanse with **Cleansing Gel** and remove with a compress.
5. Apply **Toner Forte** to cotton wool and tone.
6. Apply **Gel Micro-Exfoliator**, as a secondary exfoliator for an additional three to five minutes with steam.



For advanced clients: Apply cosmetic needling prior to serum application.



DID YOU KNOW...

Massaging with steam allows you to increase the blood supply to the skin and enhances the penetration of Environ's powerhouse formulations.



PROFESSIONAL PRODUCTS - PREPARATION PHASE TREATMENT AND PRODUCT PROFILES

CONDITIONING PRE-CLEANSING OIL



Treatment focus:

Helps to dissolve make-up, excess surface oils and environmental pollutants

Pre-Cleansing Oil is a gentle pre-cleanser that assists in dissolving and lifting make-up, excess surface oils and environmental pollutants from the surface of the skin. Pre-cleansing is the first step in the Preparation phase, ensuring that the skin is properly cleansed and leaves the skin feeling soft and hydrated.

Application steps

1. Apply to skin and massage with fingertips
2. Follow with micro-exfoliation using Claytech Micro-Exfoliator
3. May be used on cotton wool to assist in removing waterproof mascara
4. Use with caution if wearing contact lenses

Key ingredients

- Paraffinum Liquidum (Mineral Oil)
- Tocopheryl Acetate (Vitamin E)
- Botanical Oils and Extracts, including Soybean, Avocado, Jojoba, Wheat Bran Extract and Calendula Flower Extract

Presentation

290 ml (9.80 fl oz) pump bottle
2.5 ml per application
116 applications per bottle

How long does it last?

Twenty-four (24) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



CLAYTECH MICRO-EXFOLIATOR



Treatment focus:

Helps to absorb excess oil and micro-exfoliates dead surface cells and impurities

The Micro-Exfoliator formulated with Kaolin assists in absorbing excess surface oil and gently micro-exfoliates dead and dulling surface cells, leaving the skin feeling smoother and appearing more radiant.

Application steps

1. Apply pre-cleanser and massage with fingertips
2. Follow with Micro-Exfoliator on top of the pre-cleanser and massage for five minutes
3. Remove with a facial compress
4. Remove last traces of the Micro-Exfoliator with the cleanser of choice

Key ingredients

- Kaolin
- Tocopheryl Acetate (Vitamin E)
- Paraffinum Liquidum (Mineral Oil)
- Panthenol (Pro-Vitamin B5)

Presentation

200 ml (6.76 fl oz) tube
5 ml per application
40 applications per tube

How long does it last?

Twenty-four (24) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



GENTLE EYE MAKE-UP REMOVER



Treatment focus:

Helps to remove both eye and lip make-up without drying the skin around the eyes

Eye Make-Up Remover is an oil-free formula that gently removes eye make-up without drying the skin. It has unique soothing properties and contains a delicate fragrance.

Application steps

1. After pre-cleansing and micro-exfoliating, dampen cotton wool swabs, and gently remove make-up
2. Proceed with cleansing and toning
3. Safe for use on contact lens wearers

Key ingredients

- Cyclopia Intermedia (Honeybush) Leaf/Stem Extract
- Cyclopia Maculata (Honeybush) Leaf/Stem Extract
- Cyclopia Subternata (Honeybush) Leaf/Stem Extract
- Panthenol (Pro-Vitamin B5)

Presentation

290 ml (9.80 fl oz) pump bottle

5 ml per application

58 applications per bottle

How long does it last?

Eighteen (18) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



FOAMING CLEANSING GEL



Treatment focus:

Helps to remove impurities and residual oil from the surface of the skin

Cleansing Gel is a rich foaming cleanser that assists in removing all residual oil from the surface of the skin to help enhance the effectiveness of Environ Professional treatments.

Application steps

1. After pre-cleansing and micro-exfoliating, lather the cleansing gel into a rich foam
2. Apply to the skin and massage with your fingertips
3. Remove with a compress and tone

Key ingredients

- Sodium Laureth Sulfate
- Laurel Betaine
- Glycerin

Presentation

485 ml (16.39 fl oz) pump bottle

3 ml per application

162 applications per bottle

How long does it last?

Twenty-four (24) months unopened. Should be used within 10–12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



ALPHA HYDROXY TONER FORTE



Treatment focus:

Helps to refine and smooth the appearance of uneven texture, and assists in restoring the natural pH of the skin

Toner Forte is a concentrated alpha hydroxy toner that supports desquamation and helps restore the natural pH of the skin.

Application steps

1. Pre-cleanse, micro-exfoliate and cleanse
2. Apply Toner Forte to the skin using cotton wool

Key ingredients

- Glycolic Acid

Presentation

485 ml (16.39 fl oz) pump bottle

4 ml per application

121 applications per bottle

How long does it last?

Twenty-four (24) months unopened. Should be used within 10–12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



ALPHA HYDROXY GEL MICRO-EXFOLIATOR



Treatment focus:

Helps to deep cleanse a build-up of dead cells to soften and smooth the appearance of uneven skin texture

Gel Micro-Exfoliator is a concentrated alpha hydroxy acid micro-exfoliating gel. It helps to improve the appearance of rough and sun-damaged skin, as well as breakout-prone skin due to its targeted keratolytic effect.

Application steps

Face:

1. After skin preparation, apply in a thin layer and massage under steam
2. Leave on for three to five minutes before removing with a compress

Body: Hand and Foot Wrap

1. Apply a thin layer of Derma-Lac Lotion directly to clean skin
2. Then apply Gel Micro-Exfoliator, followed by Massage Oil before wrapping the focus area(s) with plastic wrap for 20 minutes
3. Remove and massage any remaining product into the skin before protecting with sunscreen

Key ingredients

- Glycolic Acid
- Lactic Acid

Presentation

290 ml (9.80 fl oz) pump bottle

3 ml per application

97 applications per bottle

How long does it last?

Twenty-four (24) months unopened. Should be used within 10–12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.





PHASE 3:

Active

Watch the next part of the DF Machine Facial How-To video to gain a better understanding of the steps involved in the application of low frequency sonophoresis during the Active phase.



DF Machine Facial “How-To” Video

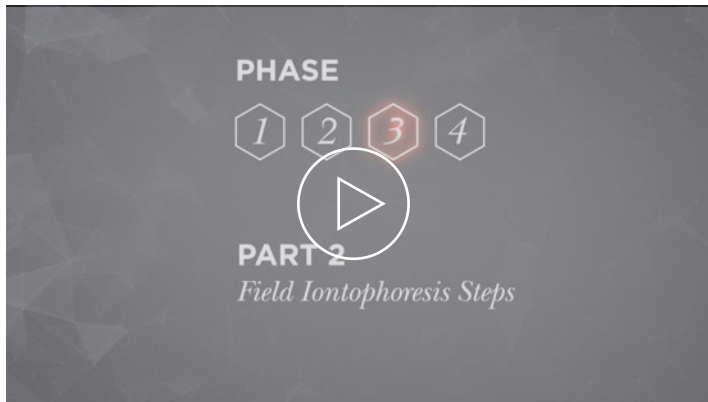
1. *How long should the probe head remain stationary before moving to the next position?*
2. *What is the Benchmark Environ facial?*

The Environ Professional Flipchart is a tool that can be used to help you quickly identify the Professional treatment options for your client’s skin condition. Refer to your Professional Flipchart for a facial treatment overview.

It will provide you with the following information:

- Treatment summary
- At home support

Watch the next part of the DF Machine Facial How-To video to gain a better understanding of the steps involved in the application of field iontophoresis during the Active phase.



DF Machine Facial How-To Video

1. *What are the two conductive mediums that can be used during field iontophoresis?*
2. *How can you give your client a total pampering experience?*

PROFESSIONAL PRODUCTS - ACTIVE PHASE TREATMENT AND PRODUCT PROFILES

FORTIFYING COLOSTRUM SERUM



Treatment focus:

Helps to reduce the appearance of redness and irritation

Colostrum Serum contains a high concentration of bovine colostrum and antioxidants to assist in providing essential nutrition and protection to the skin, leaving the skin looking and feeling calmer and soothed.

Application steps

1. After skin preparation, apply Colostrum Serum in an even thin layer to one focus area
2. Apply the sonophoresis probe to the skin and treat for 15 seconds per position until the focus area is completely treated
3. Continue to the next focus area and repeat until all focus areas have been treated
4. To be used with sonophoresis only

Key ingredients

- Colostrum
- Magnesium Ascorbyl Phosphate (Vitamin C)
- Tocopheryl Acetate (Vitamin E)
- Cimifuga Racemosa Root Extract
- Epigallocatechin Gallate (Green Tea Extract)
- Lavandula Angustifolia (Lavender) Oil

Presentation

50 ml (1.69 fl oz) airless pump bottle

3 ml per application

16 applications per bottle

How long does it last?

Six (6) months unopened. Should be used within 6–8 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



SONO DFP312® PEPTIDE SERUM



Treatment focus:

Helps to improve the visible signs of photo-ageing

Peptide Serum is designed to help target the visible signs of photo-ageing as it contains an advanced combination of skin-reinforcing peptides, expertly formulated to help reveal a smoother, even-toned and younger-looking complexion.

Application steps

1. After skin preparation, apply Peptide Serum in an even thin layer to one focus area
2. Apply the sonophoresis probe to the skin and treat for 15 seconds per position until the focus area is completely treated
3. Continue to the next focus area and repeat until all focus areas have been treated
4. To be used with sonophoresis combined with positive iontophoresis only

Key ingredients

- Palmitoyl Tetrapeptide-7 + Palmitoyl Tripeptide-1 (Matrixyl® 3000)
- Pseudoalteromonas Ferment Extract + Tripeptide-10 Citrulline + Tripeptide-1 (Trylagen®)
- Hydroxypropyl Cyclodextrin + Palmitoyl Tripeptide-38 (Matrixyl® Synthe' 6®)

Presentation

50 ml (1.69 fl oz) airless pump bottle
3 ml per application
16 applications per bottle

How long does it last?

Thirty-six (36) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



ALPHA HYDROXY DERMA-LAC® LOTION



Treatment focus:

Helps to replenish dry skin and improve the appearance of uneven skin tone

Derma-Lac Lotion contains several excellent moisturisers, including lactic acid, urea and ammonium lactate which helps improve the moisture barrier of the skin, sealing in moisture, leaving the skin feeling soft, smooth and evenly toned.

Application steps

Face:

1. After skin preparation, apply Derma-Lac Lotion in an even thin layer to one focus area
2. Apply the sonophoresis probe to the skin and treat for 15 seconds per position until the focus area is completely treated
3. Continue to the next focus area and repeat until all focus areas have been treated
4. To be used with sonophoresis combined with positive iontophoresis only

Body:

1. Apply Derma-Lac Lotion
2. Follow with Gel Micro-Exfoliator
3. Lastly, apply Massage Oil before wrapping the focus area(s) with plastic wrap for 20 minutes
4. Remove and massage any remaining product into the skin before protecting with sunscreen

Key ingredients

- Lactic Acid
- Urea
- Ammonium Lactate

Presentation

290 ml (9.80 fl oz) pump bottle

3 ml per application

97 applications per bottle



How long does it last?

Twenty-four (24) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.

VITA-ANTIOXIDANT TREATMENT GEL



Treatment focus:

Helps to hydrate, soothe and protect the skin resulting in a radiantly refreshed appearance

Treatment Gel is an introductory treatment gel that contains a low level of vitamin A, C and antioxidants. This cooling gel helps to hydrate, calm and protect the skin, resulting in an overall improved appearance.

Application steps

1. After skin preparation, apply Treatment Gel in a moderate layer
2. To be used with field iontophoresis on a negative polarity
3. May also be used with sonophoresis combined with positive iontophoresis on smaller targeted areas

Key ingredients

- Retinyl Palmitate (Vitamin A)
- Ascorbyl Palmitate (Vitamin C)
- Tocopheryl Acetate (Vitamin E)
- Beta-Carotene
- Panthenol (Pro-Vitamin B5)

Presentation

100 ml (3.38 fl oz) airless pump bottle
4 ml per application
25 applications per bottle

How long does it last?

Eighteen (18) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



VITAMIN A & C SERUM

VITAMIN A & C SERUM FORTE



Treatment focus:

Helps to improve the visible signs of sun damage and ageing

Vitamin rich A & C Serums are formulated with increased concentrations of the essential vitamins A and C that are scientifically proven to help improve the overall appearance of sun damage and ageing.

Application steps

1. After skin preparation, apply A & C Serum/Serum Forte in an even thin layer
2. To be used with field iontophoresis on a negative polarity
3. May also be used with sonophoresis combined with positive iontophoresis on smaller targeted areas

Key ingredients

- Retinol (Vitamin A)
- Sodium Ascorbyl Phosphate (Vitamin C)

Presentation

50 ml (1.69 fl oz) airless pump bottle
3 ml per application
16 applications per bottle

How long does it last?

Seven (7) months unopened. Should be used within 6–8 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



PEEL-OFF ALGINATE MASQUE



Treatment focus:

It assists in moisturising and normalising the pH of the skin. It is also used as a conductive medium for field iontophoresis treatments.

Alginate Masque is a cooling peel-off mask that assists in normalising the pH of the skin and is best used as a conductive medium due to its close contact with the skin. It also helps create a refreshed and soothed appearance.

Application steps

1. Rapidly mix 2 level scoops of powder with approximately 2-3 scoops of purified water in a silicone bowl with a plastic spatula to the required consistency
2. Apply over serum of choice, in a thick layer and smooth out peripherally
3. Do not obstruct the nostrils and consult with the client before covering the eyes and mouth, especially if the client is claustrophobic
4. The mask will set in 7-10 minutes
5. Loosen the edges of the mask before removing by gently lifting

Key ingredients

- Diatomaceous Earth
- Algin

Presentation

500 g (17.60 oz) foil packet
2 scoops per application
10-12 applications per pack

How long does it last?

Thirty-six (36) months unopened. Should be used within 30 days after opening. Please protect this product from light, heat and air. Store in a cool place.



HAIZE GAUZE®



Treatment focus:

Used as a conductive medium for field iontophoresis treatments



Haize Gauze® can absorb and hold moisture into the fibers, and due to its high ply and tight weave, it effectively conducts electrical current.

Application steps

1. Unfold one single use sheet of gauze and carefully cut a small opening for the nose
2. Soak in purified water, squeeze out most of the water before unfolding and placing the gauze tightly on the skin over the serum of choice
3. Cover the gauze with Conductive Gel before activating field iontophoresis
4. Suitable for clients who are claustrophobic



Key ingredients

- Highly refined cotton derivative made from cotton seed

Presentation

20 individual use sheets
20 applications per pack

How long does it last?

Shelf life not applicable. Please protect this product from moisture. Store in a cool place.

CONDUCTIVE GEL



Treatment focus:

Helps to ensure effective flow of electrical current

Conductive Gel is formulated to ensure the effective flow of the iontophoresis current.

Application steps

1. After skin preparation, apply selected treatment serum followed by the appropriate conductive medium (Haize Gauze® or Alginate Masque)
2. Apply directly over Haize Gauze® and onto the crocodile clips to ensure effective conduction of the electrical current
3. When the Alginate Masque is used as the conductive medium, apply conductive gel to the crocodile clips only

Key ingredients

- Aqua

Presentation

290 ml (9.80 fl oz) pump bottle
15 ml per application
19 applications per bottle

How long does it last?

Twenty-four (24) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.



VITAMIN A, C & E MASSAGE OIL



Treatment focus:

Helps to feed and nourish the skin during a relaxing massage

Massage Oil is a light nourishing oil containing the essential vitamins A, C and E to assist in nourishing and improving the appearance of dry and sun-damaged skin.

Application steps

Face:

1. To relax and ease tension, massage the décolleté, neck and shoulders during field iontophoresis

Body:

1. Apply Derma-Lac Lotion
2. Follow with Gel Micro-Exfoliator
3. Lastly, apply Massage Oil before wrapping the focus area(s) with plastic wrap for 20 minutes
4. Remove and massage any remaining product into the skin before protecting with sunscreen

Key ingredients

- Retinyl Propionate
- Ascorbyl Tetraisopalmitate (Vitamin C)
- Tocopheryl Acetate (Vitamin E)
- Simmondsia Chinensis (Jojoba) Seed Oil

Presentation

290 ml (9.80 fl oz) pump bottle

3-5 ml per application

58-97 applications per bottle

How long does it last?

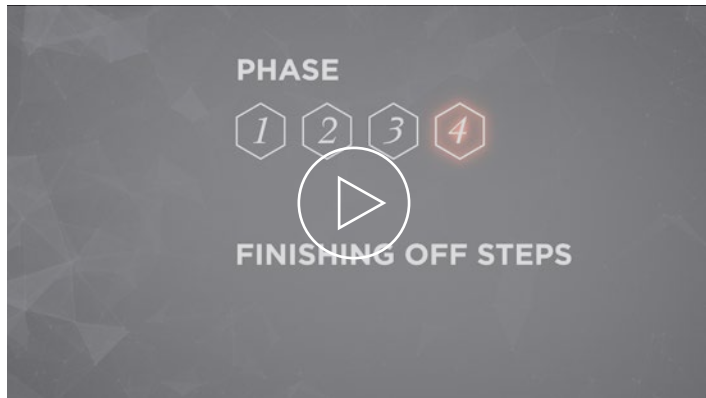
Eighteen (18) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air. Store in a cool place. Do not decant.





PHASE 4: *Completion*

Watch the final part of the DF Machine Facial How-To video to gain a better understanding of the steps involved in the Completion phase.



DF Machine Facial “How-To” Video

How should you complete an Environ Facial treatment?

PROFESSIONAL PRODUCTS - COMPLETION PHASE TREATMENT AND PRODUCT PROFILES

VITA-ANTIOXIDANT ESSENTIAL MOISTURISER



Treatment focus:

Helps to maintain the skin's moisture balance while providing essential nourishment with vitamins and antioxidants

Essential Moisturiser is a universal moisturiser, containing a low concentration of the essential vitamins A, C & E as well as antioxidants. This moisturising cream assists in improving the overall appearance of the skin.

Application steps

1. Complete the professional facial treatment protocol by applying Essential Moisturiser followed by sunscreen

Key ingredients

- Retinyl Propionate (Vitamin A)
- Ascorbyl Tetraisopalmitate (Vitamin C)
- Tocopheryl Acetate (Vitamin E)
- Panthenol (Pro-Vitamin B5)
- Butyrospermum Parkii (Shea) Butter
- Sodium PCA
- Solanum Lycopersicum (Tomato) Fruit Extract

Presentation

100 ml (3.38 fl oz.) airless pump bottle

2 ml per application

50 applications per bottle

How long does it last?

Eighteen (18) months unopened. Should be used within 10-12 weeks after opening. Please protect this product from light, heat and air.

Store in a cool place. Do not decant.



BENCHMARK TREATMENT SUMMARY

the BENCHMARK *of beautiful skin*

Environ <i>Essential Treatments</i>	Environ <i>Focus-On Treatments</i>
Pioneering Electro-Sonic Technology	Pioneering Electro-Sonic Technology
60-90 min	20-30 min
<ul style="list-style-type: none">• <i>Essential</i> YOUTH RESET• <i>Essential</i> MOISTURE BOOST• <i>Essential</i> COMFORT CALM• <i>Essential</i> RADIANCE REVEAL• <i>Essential</i> VITAMIN TOUCH	<ul style="list-style-type: none">• <i>Focus-On</i> FROWN• <i>Focus-On</i> EYE• <i>Focus-On</i> EVEN TONE• <i>Focus-On</i> TEXTURE• <i>Focus-On</i> BODY PROFILE



REMEMBER

60 minutes: includes two areas of concern
90 minutes: includes full face and neck

BENCHMARK TREATMENT PROTOCOLS

Essential **YOUTH RESET**

60-90 MINUTES

To improve the appearance of ageing

Preparation Phase:

2

After completing the Preparation phase, **steps 1-6**, continue with the steps below.

Active Phase:

3

Sonophoresis/Dual Technology steps:

7. Apply **Peptide Serum** and treat each focus area(s) with the sonophoresis probe for the required time (15 seconds per position), before massaging any remaining serum into the skin.
8. *If required: Follow with **Frown Serum** on the frown area and treat with the sonophoresis probe for the required time (15 seconds stationary positions), before massaging any residual serum into the skin.*



Field Iontophoresis steps:

9. Apply the selected vitamin A serum to the entire face and neck.
10. Apply the **Alginate Masque/Haize Gauze*** with **Conductive Gel** to do pulsed field iontophoresis for 20 minutes.



Apply **Massage Oil** to arms/hands/feet and do a relaxing massage during field iontophoresis.

Completion Phase:

4

11. Remove the **Alginate Masque/Haize Gauze*** and massage any remaining serum into the skin.
12. Conclude with **Essential Moisturiser** and protect with sunscreen.
13. Discuss the at home and Professional treatment plans with the client.

BENCHMARK TREATMENT PROTOCOLS

Essential **MOISTURE BOOST**

60-90 MINUTES

To improve the appearance of dehydration

Preparation Phase:

2

After completing the Preparation phase, **steps 1-6**, continue with the steps below.

Active Phase:

3

Sonophoresis/Dual Technology steps:

7. Apply **Hydration Serum** and treat each focus area(s) with the sonophoresis probe for the required time (15 seconds per position), before massaging any remaining serum into the skin.

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Field Iontophoresis steps:

8. Apply **Treatment Gel** to the entire face and neck.
9. Apply the **Haize Gauze®** with **Conductive Gel** to do pulsed field iontophoresis for 20 minutes.

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Apply **Massage Oil** to arms/hands/feet and do a relaxing massage during field iontophoresis.

Completion Phase:

4

10. Remove **Haize Gauze®** and massage any remaining serum into the skin.
11. Conclude with **Essential Moisturiser** and protect with sunscreen.
12. Discuss the at home and Professional treatment plans with the client.

BENCHMARK TREATMENT PROTOCOLS

Essential **COMFORT CALM**

60-90 MINUTES

To improve the appearance of sensitivity

Preparation Phase:

2

After completing the Preparation phase, **steps 1-5**, continue with the steps below.

Active Phase:

3

Sonophoresis/Dual Technology steps:

6. Apply **Fortifying Colostrum Serum** and treat each focus area(s) with the sonophoresis probe for the required time (15 seconds per position), before massaging any remaining serum into the skin.



Field Iontophoresis steps:

7. Apply Treatment Gel to the entire face and neck.
8. Apply the **Alginate Masque/Haize Gauze*** with **Conductive Gel** to do pulsed field iontophoresis for 20 minutes.



Apply **Massage Oil** to arms/hands/feet and do a relaxing massage during field iontophoresis.

Completion Phase:

4

9. Remove **Alginate Masque/Haize Gauze*** and massage any remaining serum into the skin.
10. Conclude with **Essential Moisturiser** and protect with sunscreen.
11. Discuss the at home and Professional treatment plans with the client.

BENCHMARK TREATMENT PROTOCOLS

Essential **RADIANCE REVEAL**

60-90 MINUTES

To improve the appearance of pigmentation

Preparation Phase:

2

After completing the Preparation phase, **steps 1-6**, continue with the steps below.

Active Phase:

3

Sonophoresis/Dual Technology steps:

7. Apply **Derma-Lac Lotion/Mela-Fade Serum System** and treat each focus area(s) with the sonophoresis probe for the required time (15 seconds per position), before massaging any remaining serum into the skin.

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Field Iontophoresis steps:

8. Apply the selected vitamin A serum to the entire face and neck.
9. Apply the **Alginate Masque/Haize Gauze*** with **Conductive Gel** to do pulsed field iontophoresis for 20 minutes.

-

IONTO

Apply **Massage Oil** to arms/hands/feet and do a relaxing massage during field iontophoresis.

Completion Phase:

4

10. Remove **Alginate Masque/Haize Gauze*** and massage any remaining serum into the skin.
11. Conclude with **Essential Moisturiser** and protect with sunscreen.
12. Discuss the at home and Professional treatment plans with the client.

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51

BENCHMARK TREATMENT PROTOCOLS

Essential **VITAMIN TOUCH**

45 MINUTES

When contraindicated to Electro-Sonic Technology

Preparation Phase:

2

After completing the Preparation phase, **steps 1-6**, continue with the steps below.

Active Phase:

3

7. Apply **Treatment Gel/A & C Serum/A & C Serum Forte** to the entire face and neck with gentle massage; Add a few drops of **Massage Oil** and continue with a 10 minute facial massage.
8. Apply the **Alginate Masque** over the selected serum, for 10 minutes.

Apply **Massage Oil** to arms/hands/feet and do a relaxing massage while the masque sets.

Completion Phase:

4

9. Remove **Alginate Masque** and massage any remaining serum into the skin.
10. Conclude with **Essential Moisturiser** and protect with sunscreen.
11. Discuss the at home and Professional treatment plans with the client.

BENCHMARK TREATMENT PROTOCOLS

Focus-On **FROWN**

20-30 MINUTES

To improve the appearance of frown lines

Preparation Phase:

2

After completing Preparation phase, **steps 1-4**, continue with the steps below:

Active Phase:

3

5. Apply **Frown Serum** to focus area (frown lines, above and below the brows).
6. Treat the frown area with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any remaining serum into the skin.
7. Massage **Treatment Gel** into the focus area until absorbed.
8. Apply **Alginate Masque** to the focus area and do a relaxing scalp massage while the mask sets.



Completion Phase:

4

9. Remove **Alginate Masque** and massage any remaining serum into the skin.
10. Conclude with **Essential Moisturiser** and protect with sunscreen.
11. Discuss at home and Professional treatment plans with client.

BENCHMARK TREATMENT PROTOCOLS

Focus-On **EYE**

20-30 MINUTES

To improve the appearance of fine lines and wrinkles

Preparation Phase:

2

After completing Preparation phase, **steps 1-4**, continue with the steps below:

Active Phase:

3

5. Apply **Hydrating Serum** to the eye area (smile lines, below the brows and bottom eye lids).
6. Treat the eye area with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any remaining serum into the skin.
7. Follow with **Peptide Serum** to the eye area.
8. Repeat step 6.
9. Massage **Treatment Gel** into the focus area until absorbed.
10. Apply **Alginate Masque** to the focus area and do a relaxing scalp massage while the mask sets.



Completion Phase:

4

11. Remove **Alginate Masque** and massage any remaining serum into the skin.
12. Conclude with **Essential Moisturiser** and protect with sunscreen.
13. Discuss at home and Professional treatment plans with client.

PROFESSIONAL

55

BENCHMARK TREATMENT PROTOCOLS

Focus-On **EVEN TONE**

20-30 MINUTES

To improve the appearance of uneven tone

Preparation Phase:

2

After completing Preparation phase, **steps 1-4**, continue with the steps below:

Active Phase:

3

5. Apply **Derma-Lac** Lotion to focus area(s).
6. Treat with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any remaining serum into the skin.
7. Apply **Mela-Fade Serum System** to focus area(s).
8. Repeat step 6.



Completion Phase:

4

9. Conclude with **Essential Moisturiser** and protect with sunscreen.
10. Discuss at home and Professional treatment plans with client.

BENCHMARK TREATMENT PROTOCOLS

Focus-On **TEXTURE**

20-30 MINUTES

To improve the appearance of uneven texture

Preparation Phase:

2

After completing Preparation phase, **steps 1-4**, continue with the steps below:

Active Phase:

3

5. After Cosmetic Needling, apply an even layer of **5% Lactic Acid Cream** for 10 minutes and neutralise with **Neutralising Cleanser**
Or
After Cosmetic Needling, apply **5% TCA Cream** to focus area(s) for 10 minutes before removing with a compress.
6. Follow with **Peptide Serum/Retinol Serum** to focus area(s).
7. Treat with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any remaining serum into the skin.

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Completion Phase:

4

8. Conclude with **Essential Moisturiser** and protect with sunscreen.
9. Discuss at home and Professional treatment plans with client.

BENCHMARK TREATMENT PROTOCOLS

Focus-On **BODY PROFILE**

20-30 MINUTES

To improve the appearance of submental area

Jawline:

Preparation Phase:

2

After completing Preparation phase, **steps 1-4**, continue with the steps below:

Active Phase:

3

5. Apply **Body Profile Gel** to focus area (below jawline).
6. Treat with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any residual serum into the skin once complete.



Completion Phase:

4

7. Conclude with **Essential Moisturiser** and protect with sunscreen.
8. Discuss at home and Professional treatment plans with client.



BENCHMARK TREATMENT PROTOCOLS

Focus-On **BODY PROFILE**

20-30 MINUTES

To improve the appearance of body profile irregularities

Body areas:

Preparation Phase:

2

1. Lather **Cleansing Gel** into a rich foam and cleanse the focus area(s) before removing with a compress.
2. Apply **Toner Forte** to cotton wool and tone.
3. Do cosmetic needling prior to serum application.

Active Phase:

3

4. Follow with Body Profile Gel.
5. Treat with the sonophoresis probe for the required time (15 seconds per position, repeat as required), and massage any residual serum into the skin once complete.

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Completion Phase:

4

6. Massage **Massage Oil** into the skin.

*Optional step: Wrap treated area with cling wrap for 15 minutes.
Environ recommends a relaxing scalp massage during the wrap.*

Body other:

Hand and Foot Wrap Treatment, for dry and sun-damaged skin

1. Apply **Derma-Lac Lotion**.
2. Follow with **Gel Micro-Exfoliator**.
3. Lastly, apply **Massage Oil** before wrapping with plastic wrap for 20 minutes.
4. Remove and massage any remaining product into the skin before protecting with sunscreen.

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59

Environ recommends the application of the Hand and Foot Wrap during a facial treatment or Cool Peel treatment, to give the client a complete Environ experience.



Use your Professional Flipchart as a guide to complete the table below.

CLIENT CONCERN	RECOMMENDED TREATMENT	RECOMMENDED SERUM	RECOMMENDED RETAIL RANGE(S)
<i>New Environ User</i>			
<i>Ageing</i>			
<i>Dehydration</i>			
<i>Sensitivity</i>			
<i>Pigmentation</i>			
<i>Blemish-prone</i>			
<i>Body Profile Irregularities</i>			

DF MACHINE

Safety Precautions

- 1 The DF Machine should only be operated by a qualified Environ Skin Care Professional.
- 2 Only use attachments recommended by the manufacturer.
- 3 Do not open the cabinet housing of the machine.
- 4 Do not use the appliance for anything else other than the intended use.
- 5 Do not place the appliance near heat/water sources.
- 6 Do not place the appliance in a place subject to direct sunlight, excessive dust or mechanical vibration or shock.
- 7 Place the appliance in a location with adequate air circulation to prevent internal heat build-up in the unit.
- 8 Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- 9 Return the machine to an Environ Distributor service centre or dealer for examination and repair.
- 10 Keep the cord away from heated surfaces.
- 11 Never block the air openings of this appliance or place it on a soft surface such as a bed or couch.
- 12 Stop the treatment immediately when irregularity or abnormality of the appliance is noticed during the course of treatment.
- 13 Connect this appliance to a properly grounded outlet only.
- 14 Always unplug the appliance after use.
- 15 Improper use of the grounding earth plug can result in a risk of electric shock.

